

# Lumenis Optima™

## IPL Photorejuvenation



Lumenis Optima™ IPL Photorejuvenation offers remarkable results on a range of skin conditions. Its technology helps repair small blood vessels and eradicate sun spots or other pigmentation irregularities. It can help combat acne and eliminate large pores. Optima™ IPL therapy is also excellent at treating rosacea and other types of diffuse redness in the skin. By treating a slightly deeper layer of the skin, IPL™ Photorejuvenation stimulates collagen growth and helps improve skin texture.

Since Optima™ IPL is non-ablative and targets deeper layers of the skin, treatments can be safely performed along with chemical peels and microdermabrasion that treat the outermost layer of skin, the epidermis.

**AD** ALBANY®  
DERMATOLOGY

COSMETIC ESTHETIC MEDICAL SURGICAL

## HOW DOES IPL WORK?

Lumenis® IPL with Optimal Pulse Technology (OPT™) offers customized treatment settings that accommodate individual skin type and desired results. During an IPL session, a series of intense pulses of light penetrate the deepest layers of skin. The light is transformed into heat energy, which is absorbed into the dark spots and blood vessels beneath the surface of the skin. The body's natural process then removes the treated tissue while collagen and elastic fiber stimulation occurs, resulting in a visible improvement in skin tone and overall appearance.

## THE TREATMENT

Advise us of any medications you are taking or have taken in the past six months that increase sensitivity to light. To ensure utmost comfort, a cold coupling gel is applied on the treatment area. Depending on the specific concern, you can expect the session to last 15-30 minutes. You may experience a warm sensation as the light is applied to the skin and a tingling sensation like the snap of a rubber band.

## WHAT CAN I EXPECT AFTER TREATMENT?

Immediately following treatment, the skin will feel warm similar to a mild sunburn. Usually the treated skin stays red for less than 24 hours and there may be some bruising. In most cases, makeup may be immediately applied and daily activities can be resumed the very same day. Dark spots will look darker at first but gradually fade and flake off within 5-7 days. Mild swelling may occur that will subside within 2 days. Avoid sun exposure and tanning for 2 weeks before and after treatment. Sun exposure makes IPL less effective and makes complications after treatment more likely.

## WHEN WILL YOU SEE RESULTS?

A sequence of treatments will be needed based on the presenting skin condition. Spider veins and broken capillaries clear almost immediately following the treatment and continue to improve. Shallow pigmentation and age spots/sunspots may clear with as few as 1-2 treatments; however, 2-6 sessions with 2-4 weeks in between are needed to achieve optimal results for most skin concerns.

## IS OPTIMA™ IPL RIGHT FOR YOU?

Lumenis® energy based treatments are not suitable for everyone and carry some risks. Optima™ IPL is not suitable when you have active infections (viral, fungal or bacterial), inflammatory skin conditions or skin cancer. Risks may include: redness, swelling, change of pigmentation or scarring.

Schedule a free consultation - we will work with you to determine whether Optima™ is appropriate given your skin condition and meets your personal skin care goals.

For more information on IPL - Visit us at [albanyderm.com](http://albanyderm.com)

7\_17

caring for the skin you're in!

2 EXECUTIVE PARK DRIVE ALBANY, NY 12203  
518.482.8631 | ALBANYDERM.COM