

Micro-needling



GOODBYE

ACNE SCARS
FINE LINES & WRINKLES
PHOTO AGING
SAGGING SKIN
SUN DAMAGE

HELLO TO

THE STIMULATION
OF COLLAGEN
FIRMER SKIN
SCAR REVISION
MINIMIZED SPOTS
IMPROVED TEXTURE & TONE

Collagen induction therapy, aka micro-needling, is a cosmetic procedure that involves repeated puncturing of the skin with tiny, sterile needles. Appropriate for all skin types, it results in the formation of new collagen and skin tissue for smoother, firmer, more toned skin. Micro-needling is most often used on the face to address fine lines, acne scarring, pigmentation and skin texture, but other areas can be treated per your doctor's determination.

A series of four to six treatments is recommended, depending upon the area of correction or concern. Treatments are usually spaced in monthly intervals.

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HOW DOES IT WORK?

While the skin typically loses collagen due to age or injury, the pinpricks involved in micro-needling cause micro injury to the skin that in turn causes the skin to produce new collagen-rich tissue. This new skin tissue will be more firm and even in tone and texture.

THE TREATMENT?

About 30 minutes before treatment, a topical anesthetic is applied to reduce the chances of discomfort. During the procedure, small pricks are made under the skin with a pen-like tool to cause pinpoint bleeding. The pinpricks are so small that you will likely not notice them after the procedure. The actual micro-needling process takes approximately 30 minutes. Following the procedure, a serum and SPF is applied. In total, you can expect to be at the office for about 90 minutes.

WHAT WILL I LOOK LIKE AFTER TREATMENT?

Immediately after treatment, your skin will look red as if you had a sunburn. You will notice skin irritation, tightness and finally peeling in the days following the procedure. This is a natural response to the micro injuries made by the needles. You can go back to work or school after the procedure if you are comfortable.

You will be given instructions for aftercare as well as a post-treatment kit of products to use following treatment. You may only apply mineral-based makeup during the first few days while the redness dissipates. Your skin will be more sensitive to the sun; during the first week, you may only apply the mineral-based sunscreen that is included in the post-treatment kit.

HOW LONG WILL IT TAKE TO SEE RESULTS?

Results vary depending on your individual skin health. Patients have reported seeing positive changes as soon as one to two weeks after the first treatment. A series of treatments are recommended for optimal benefit. Particularly for patients with deep wrinkles, advanced sun damage, stretch marks or scars, six or more treatments may be required to achieve desired results. A mini facial may be considered to facilitate peeling following individual treatments.

WHAT IS THE BENEFIT DURATION?

Your overall result will last longer when following an at-home skin care regimen that includes a daily retinol product. New collagen and elastin formation have been documented to be present as much as one year later following treatment.